

University of Wisconsin – Stevens Point
AT 181 – Introduction to Athletic Training
Winterim 2018

Instructor: Danelle Smith
Office: HEC 131

Class Location: HEC 146
Class Time: online

REQUIRED TEXT:

Winterstein, Andrew P. *Athletic Training Student Primer – A Foundation for Success. 2nd Edition*

COURSE DESCRIPTION:

Overview of athletic training profession, history and growth. Concept of the sports medicine “team” is discussed along with athletic training room policies, procedures, medical record keeping, and supplies used. The intention is to provide basic information on the profession of athletic training as well as the responsibilities and career options of an athletic trainer. In addition, students will gain an understanding of the application requirements for the UWSP athletic training major.

COURSE OBJECTIVES:

At the conclusion of this class the student will:

1. become familiar with the development of athletic training as a profession and be able to identify various career options.
2. become familiar with the roles, duties, and responsibilities of athletic trainers, coaches, physicians, athletes, and other allied health care professionals in the prevention of athletic injuries.
3. develop basic knowledge in the structure and function of the human body as it pertains to the recognition, care and prevention of athletic injuries.
4. develop basic knowledge in the effects of physical activity, injury, and illness on the human body.
5. describe the domains of athletic training and identify roles of the athletic trainer in each domain
6. become familiar with terminology used for athletic injuries, documentation, and medical treatment.
7. develop a respect for the roles of health care professions and define those for athletic training
8. investigate the local, state, and national organizations developed for the athletic trainer
9. identify the process for application to the UWSP Athletic Training Education Program
10. identify the criteria for eligibility to sit for the BOC examination for certification of athletic trainers.

COURSE REQUIREMENTS:

Attendance: Students are expected to attend all class discussion sessions and be on time. If a session is to be missed, the student must make arrangements with the instructor.

Honesty: Under no circumstances will academic dishonesty (cheating, plagiarism) be tolerated. Violation may result in an automatic failing grade for the assignment. UWSP values a safe, honest, respectful, and inviting learning environment. A set of rights and responsibilities has been developed to foster this environment. For more information go to :

<http://www.uwsp.edu/stuaffairs/Pages/rightsandresponsibilities.aspx>

Exams: There will be 4 exams through the course; one at the end of each week and one final exam. These exams will be done online and due at the end of the week assigned (Sunday following material).

Assignments/Labs: There will be designated assignments due each week. Any missed assignment will be given a grade of 0 unless preparations are made with the instructor prior to the assignment due date.

Presentation: Each student will give a powerpoint presentation on a body part and injury topic to be chosen during the second week of the course. Students will be graded on a rubric that is posted in D2L. These powerpoints will include audio for presentation of the material.

METHOD FOR COURSE EVALUATION

Assignments	20 points each
3 Written Exams	70 points each
Final Exam	120 points
Presentation	50 points

GRADING SYSTEM:

A	94-100%	C+	77-79%
A-	90-93%	C	73-76%
B+	87-89%	C-	70-72%
B	83-86%	D+	65-69%
B-	80-82%	D	60-64%
F	below 60%		

**** This syllabus is subject to change if deemed necessary by the instructor or University.**

Tentative Course Outline:

Week 1: Chap 1-4	What is Athletic Training? , Historical Perspectives, Education for ATs PPTs 1, 2, 2b, 3 and Readings on Workplaces on D2L
Tuesday	Start class
Wednesday	DUE: Workplace ranking on D2L in Discussion 1
Friday	DUE: Assignment 1: Complete History Worksheet – Dropbox 1 & Assignment 2: Learning Styles Comments on D2L – Dropbox 2
Sunday 1/7	DUE: Exam 1
Week 2: Chap 10-13	Bloodborne Pathogens, Emergency Planning, Environmental Concerns, First Aid, Splinting PPTs 4, 5, 6, 8, 9
Wednesday	DUE: Discussion 2: Emergency Scenario and Discussion 3: Injury Interest
Friday	DUE: Assignment 3: BBP Quiz
Sunday 1/14	DUE: Exam 2
Week 3: Chap 5-9, 15	Athletic Training Terms, Injury Process, Upper and Lower Extremity Injuries, Taping and Wrapping PPTs 7, 10, 11, 12a, 12b, 12c, 13
Wednesday	DUE: Discussion 4: Thoughts on Head Injuries
Friday	DUE: Assignment 4: Body Part Injury Presentation – put in discussion tab!!!!
Friday	DUE: Exam 3
Sunday 1/21	DUE: Final Exam